

December 13th 2022 Hopewell Ave PS School Council Meeting Minutes

Attendees: Martina Sherwood, Petra Heitkamp, Alex Randall, Aleks Brading, Nicola Calder, Sandra Miller, Claire Kerry, Sarah Matthews, Rebekka Wallace Roy, Katie Breen, Bennett Banting, Anais Anquetil, Zainab Moghal, Meg Fracke, Carlo Zambri, Jessica Perkins, Patrick, Nili Kaplan-Myrth

Regrets:

1. Welcome, Approval of the Agenda, Approval of October minutes

Minutes moved by Petra, Rebekka seconded the minutes

2. Introductions

3. Principal's Report – Martina Sherwood

2023-2024 registration dates have been released. The information can also be found on the Board's website: www.ocdsb.ca.

Kick-off to 2023-2024 Registration	Monday, January 16 to Monday, January 23, 2023
Elementary Student Transfer Application Period	Monday, January 30 to Friday, February 10, 2023
Secondary Student Transfer Application Period	Monday, January 30 to Friday, February 10, 2023
Middle French Immersion Registration Period	Monday, February 6 to Friday, February 10, 2023

Kindergarten Information Night will be Thursday, February 2nd at 6:30pm and will be held in person. Details about this evening will be advertised shortly. If anyone has a neighbour who has a young person who may be a candidate, please let them know.

Supporting student well-being is at the heart of what we do. In addition to all that our educators do every day, we also benefit from the support of colleagues/departments outside of our school as well as many community partners. In our district we draw on the expertise of the Social Worker, Psychologist and Speech Language Pathologist assigned to our school. In addition to these colleagues we have access to a Learning Support Consultant, a team of Social Emotional Learning Teachers, Occupational Therapists, ASD team, and Early Learning Team.

Within our own school team we have colleagues ASIST trained (Applied Suicide Intervention Skills Training), CPS trained (Collaborative Problem Solving), Zones of Regulation Leads, and PEERS trained (Program for the Education and Enrichment of Relational Skills). We have been offering the after school PEERS program at Hopewell in recent months and it has been very well received. The purpose of the program is to support adolescents in the development of social and relational skills and to help students build confidence in their social interactions inside and outside of school.

We are also grateful for our community partners. They include:

Ottawa Public Health

Healthy Transitions Program to grades 4 and 6 students – Grade 4 is focussed on coping with stress, emotions and stigma, Grade 6 focus is thoughts, feelings, and actions and communication.

- Healthy Sexuality
- Substance Use and Health
- Health Eating
- Handwashing and germs curriculum support
- Rideauwood Prevention and Education Program
- Technology and Responsibility: Finding the Balance (Grade 7)
- Connecting the Dots: Emotional Connections to Substance Abuse (Grade 8)
- Wabano Centre
- OCISO (Ottawa Community Immigrant Services Organization)
- CHEO

- YouTurn
- Crossroads

We continue to strengthen our toolkit in support of student well-being and know that this is a high priority in our district.

Director Camille Williams-Taylor will be moving to the Durham District School Board in January. We have had the privilege of working with Director Williams-Taylor for the past four years. She has led us through some unprecedented challenges and will be missed. As the selection process for a new Director unfolds, OCDSB Executive Officer Michele Giroux will serve as Director of Education and Secretary of the Board on an interim basis, effective January 9, 2023.

We wish everyone on council a wonderful holiday and look forward continued partnership in 2023!

4. VP Report – Sandy Miller

Safety on the school yard as winter has arrived.

We see the play shifting to more winter activities such as building with snow, snow soccer and frisbee. We are supporting students as they shift their activities and navigate everything from donning their snow pants to playing in winter gear.

Extracurriculars - see weekly messages for more details

Clothing Drive was a huge success. Many families have benefited from the generosity of our community. There are a few items remaining to distribute over the coming weeks.

December Food Drive Blitz

December 20th we will hold a second food drive blitz to help support our local food bank during the holiday season.

5. Teacher rep – Meg Fracke

Borden Ball tryouts for junior students, this is also giving an opportunity for intermediate students to participate in leadership roles.

Snow is a welcome change, kids still finding ways to play soccer. World Cup soccer fever, gives lots of opportunities for conversations about cheering on others

Students have come out of bubbles, open to working with others in the classroom, seeing the new connections that are being made, students are more comfortable with others within our classes.

Intermediate students working hard on the musical play. Most classes will get to watch the Musical in the week. There are some evening shows along with art show for parents and guardians to attend.

Reading clubs for primary grade, junior and intermediate students again get to demonstrate leadership roles in these groups.

Spirit week for the last week of term there will be a different option for each day. Messaging is going out to parents. Student and teacher led ideas from Madam Fracke and Madam Storey plus Grade 7 & 8 students

Monday - "say yes to kindness" acts of kindness. e.g. Line up boots nicely in the hallway, wipe down boards, play with someone new

Tuesday - Wacky Tacky lots of clashing clothes

Wednesday - Silly Hat day

Thursday - Holiday Spirit day, wear anything that puts you in the holiday spirit.

Friday - PJ Day

Question: *Are there any parent involved holiday events this year*

It was confirmed that there would be No "Blizzard Bizarre" this year. There is the Musical and Art show which parents can attend. The Prism Club is also selling some handmade wares.

To note there is the Food Drive Dec 20th

6. OCDSB Trustee Nili Kaplan-Myrth

Nili Kaplan-Myrth joined the meeting briefly as she was in an OCDSB Trustee training meeting at the same time

She wanted to be able to say hello to parent councils, she hasn't had an opportunity yet due to training meetings but will want to do so as this year is a strategic planning year. The Board will be choosing who the one on one meetings will be with but Nili would also like to meet again with our school council group. Strategic plan is a plan that is in place for the next four years. So important to hear what issues there are for individuals and schools. Nili has an email and phone number that she monitors, so we can get in touch with her.

Might be an opportunity to collaborate with other schools, First ave, Mutchmor and hold one meeting with other schools.

7. Financial situation - Nicola Calder

Not much has changed since last month. We have paid some bank fees,

School cash online money hasn't made its way into the bank account, It is about \$9k.

Hopewell Ave Public School - 2022/2023				
Financial report for the period ending December 12, 2022				
Opening balance	\$ 11,170.22	End of year - July 31 2022 + \$650 PRO Grant received in September (for last year)		
Revenue	Allocation Plan	Profit	Variance Plan A	Notes
Pizza	\$ 20,000.00	\$ 875.00	\$ (19,125.00)	
Labels labels	\$ 75.00	\$ 54.36	\$ (20.64)	
Ski/Skate Sale	\$ 1,000.00	\$ 2,677.00	\$ 1,677.00	
Bike Sale	\$ 1,500.00	\$ -	\$ (1,500.00)	
Pro Grant	\$ 650.00	\$ -	\$ (650.00)	Amount received for last year, can expect to get
PINV funding	\$ -	\$ -	\$ -	Each year schools/school councils receive \$500.00
REVENUE SUBTOTAL	\$ 23,225.00	\$ 3,606.36	\$ (19,618.64)	
Expenditures	Allocation Plan	Actual Paid	Variance Plan	Notes
Mulch	\$ 2,500.00	\$ -	\$ 2,500.00	
Yard fund	\$ 1,000.00	\$ -	\$ 1,000.00	
Future turf yard funding	\$ 1,000.00	\$ -	\$ 1,000.00	
YARD SUBTOTAL	\$ 4,500.00	\$ -	\$ 4,500.00	
Kindergarten	\$ 1,500.00	\$ 750.00	\$ 750.00	Kindergarten, Primary, Junior and Intermediate allocation based on class allocations provided by principal in September
Primary	\$ 2,700.00	\$ 1,350.00	\$ 1,350.00	
Junior	\$ 3,400.00	\$ 1,700.00	\$ 1,700.00	
Intermediate	\$ 2,400.00	\$ 1,200.00	\$ 1,200.00	
Phys Ed Equipment	\$ 2,000.00	\$ 1,000.00	\$ 1,000.00	
Library	\$ 2,000.00	\$ 1,000.00	\$ 1,000.00	
Say yes fund curriculum	\$ 2,000.00	\$ 1,000.00	\$ 1,000.00	
CURRICULUM ENRICHMENT SUBTOTAL	\$ 16,000.00	\$ 8,000.00	\$ 8,000.00	
Wellness - Parent Involvement	\$ 3,000.00	\$ -	\$ 3,000.00	
Grade 5 - Cross Country Ski Trip	\$ 4,000.00	\$ -	\$ 4,000.00	
Staff Appreciation Gifts	\$ 200.00	\$ -	\$ 200.00	
Staff Year-End Lunch	\$ 500.00	\$ -	\$ 500.00	
Grade 8 Graduation Reception	\$ 700.00	\$ -	\$ 700.00	
Bank Charges	\$ 150.00	\$ 15.08	\$ 134.92	
Admin/Supplies	\$ 300.00	\$ 31.62	\$ 268.38	includes potential photocopying, event supplies (e.g. gloves for pizza)
Say yes fund	\$ 2,000.00	\$ -	\$ 2,000.00	
Philanthropy	\$ 2,500.00	\$ -	\$ 2,500.00	
OTHER SUBTOTAL	\$ 13,350.00	\$ 46.70	\$ 13,303.30	
EXPENDITURE SUBTOTAL	\$33,850.00	\$8,046.70	\$25,803.30	
Balance	\$ 545.22	\$ 6,729.88		
		\$ 40.00	petty cash	
		\$ 6,689.88	expected bank balance, assuming all cheques cashed	
		\$ -	cheques not cashed	
		\$ 6,689.88	expected bank balance	

Bank Reconciliation Statement	
	Actual
Chequing (Dec 12 2022)	\$ 6,689.88
Savings	
Uncashed cheques	\$ -
Petty cash	\$ 40.00
Total	\$ 6,729.88
Less	
Outstanding cheques	\$ -
Total	\$ -
Balance	<u>\$ 6,729.88</u>
Check against Financial Report	
Balance from Financial Report	\$ 6,729.88

8. Committees and events

a) Yard Committee - Katie Breen

Yard clean up was a great success with lots of volunteers, very grateful for members turning up. Katie will create a document to say what happens during these sessions so future clean ups will continue and there is a record for future volunteers.

b) Pizza day & Lunch program: Healthy options for '23 - Sarah/ Aleks/ Ashley

School lunch program, currently looking into a second lunch option, there are two options

1. Subway

4inch and 6 inch subs with a gluten free option and a donation for the BIP class

Prices quoted

\$3.49 for 4inch

\$4.49 for 6inch

Pros for going with subway they are more organized, separate subs per class less work for volunteers.

2. Cedar Market.

Shawarma \$5 large or \$2.50 for half wrap plus veggie bag \$1.60

This would be the first school they are doing this with.

Facebook vote - pretty even more votes for Cedars than expected.

Dietician Ashley has been discussing with Cedars as this could be more of a healthy option for students.

Aleks raised a concern at the low number of volunteers for pizza lunches, the numbers are diminishing, but it was just a one off last week, and Sarah is sure that there are enough volunteers.

Suggestion to have alternating suppliers bi weekly - this might lead to confusion if we have alternating providers it might become confusing for some as to which it is each week.

Nicola looked at past budgets but can't have an exact view on how many people ordered subway vs Pizza.

Claire said she felt for ease Subway might be a more straightforward option as the school and parents are familiar with the set up.

Would like to open up second option in line with when the Pizza needs to be reordered in January so both can be issued at the same time

A question was raised on what would the veggies be like in the bag? Be careful that it isn't the "garbage" veggies that the supermarket can't sell.

A view was that the bread in Subway sandwiches isn't the healthiest with the amount of sugar. Subways can be built to be more healthy if kids want to eat the veggie options. Bread choices would be white and multi or gluten.

The school board has a Food and beverage policy and has to meet significant requirements to be able to sell it. Subway might have been pre approved but will need to be checked.

Keep Pizza every Friday, we could approach 2023 as a trial to see what is popular. Two separate sign ups might be extra administration work.

The view from council was that Subway was the option going forward.
9 votes for Subway motion carried for Subway as the second lunch option weekly on Mondays.

Yanka is ready to go for school cash online so we just need final information on prices so we can send out correct information to parents.

Discussion on prices, decided adding on \$1.01 to the cost to us from Subway.
To ensure we raised school council funds.

c) Kids Clothes Swap - Claire/ Meredith

We have had one parent volunteer agree to join Claire in organising the clothing swap. Likely to be in the spring.

d) Nakkertok ski trip – Rebecca/ Dave/ Hilary

Grade 5 trip is traditionally a ski trip to Nakkertok. Some parents have stepped up to organize and work is underway. Martina confirmed Buses can go to Quebec. Buses are more expensive. 100 kids in Grade 5. \$4k in the budget.

Will need parent volunteers on the day.

9. Representatives:

a) Grade reps - Carlo/ Sarah/ Alex/ Daphne

Sarah - commented on the Literacy program that is being offered to kids in Grade 2, very much appreciated by parents.

Question: Lost and found items How do you locate them? After the teacher parent interviews the items that were unclaimed were donated, some to local families and schools, parents need to contact office to track something specific. All the Hopewell gear remained at the school.

To note that there was a Phishing scam that used Nicola Calders name in an email to Sarah Matthews, this was spotted before anything serious happened but something for all to be aware of.

b) OCASC - Daphne Dumbrille

OCASC meeting didn't happen in December.

c) Wellness - Rebekka Roy

Rebekka said a big thank you for those that participated in the Ski and Skate Sale.

Rebekka brought to our attention that the Parental Portal Links to the mental health resources on the OCDSB website that are available and could be promoted to parents. There is a podcast on the site, video safety, mental health week, stewardship topics. Do parents know that these exist?

Links suggested by Rebekka.

OCDSB Podcast:

https://www.ocdsb.ca/contact_us/podcast

OCDSB Mental Health in Action:

<https://www.ocdsb.ca/cms/One.aspx?portalId=55478&pageId=38681948>

OCDSB mental health resources:

<https://www.ocdsb.ca/cms/One.aspx?portalId=55478&pageId=37062388>

OCDSB mental health week:

<https://www.ocdsb.ca/cms/One.aspx?portalId=55478&pageId=38196900>

OCDSB environmental stewardship:

<https://www.ocdsb.ca/cms/one.aspx?portalId=55478&pageId=28189196>

OCDSB Programs page highlights many of the initiatives provided by the School Board.

<https://www.ocdsb.ca/cms/One.aspx?portalId=55478&pageId=1114007>

Occupational Therapist available for community talks on improving child regulation, sensory diets, school refusal, and other topics. You can read more about Priya Kalsi, OT (<https://ocfr.ca/team/https-ocfr-ca-team-priya-kalsi-occupational-therapy/>) and occupational therapy (<https://ocfr.ca/occupational-therapy/>) at OCFR on our website.

Parents want to be connected again, after covid.

Strategies were we could build more connections with parents.

Catherine Horvath OCR, Priya Kalsi OT, is offering to talk to our community. Also a Sleep consultant from CHEO.

Ideas, Short monthly or weekly event when people could show up, preference was expressed for in-person. Combine this event with pizza day. Suggest the school as a hub where parents could meet, and there is a budget for coffee.

10. Answer any pre-submitted questions

None submitted

11. Varia

No additions

12. Closing and set next meeting Jan 2023

Next meeting - January 17th (not second Tuesday due to school only starting on the 9th)