



# Hopewell Avenue Public School

17 Hopewell Avenue  
Ottawa, Ontario, K1S 2Y7  
Tel: (613) 239-2349 Fax: (613) 566-7354  
**Fall 2018**



OTTAWA-CARLETON  
DISTRICT SCHOOL BOARD

Principal: Martina Sherwood  
Vice Principal: Trish Stogran  
Office Administrator: Louise Andoff  
Administration Assistants: Giuliana Falcucci  
Yanka Petrova

Superintendent: Olga Grigoriev  
Trustee: Shawn Menard  
Chief Custodian: Chris Farquhar  
School Council Co-Chairs: Daphne Dumbrille  
Deborah Gomes-Schultz

[www.hopewellaveps.ocdsb.ca](http://www.hopewellaveps.ocdsb.ca)

Follow us on Twitter @HopewellAvePS

## OCDSB Mission Statement

**Educating for success – inspiring learning and building citizenship**

### PRINCIPAL & VICE-PRINCIPAL MESSAGE

Welcome back to a new school year!! We are so happy to start the year with your wonderful children!

The first few weeks of school are a time when we review expectations and routines. This year students in grades 3 to 8 have received an agenda to assist with organization and planning. At the front of the agenda you will find our Hopewell Student Handbook. Students in Kindergarten to Grade 2 received the Hopewell Student Handbook in booklet form. Please take some time to review this information with your child.

During the first week of school we held Welcome Assemblies. Our focus was on the excellent character that we promote and celebrate at Hopewell. We also talked about Mindset. Last year we worked with our students to help them understand the difference between a Fixed Mindset and a Growth Mindset. Shifting thinking from, “I can’t do this” to, “I can’t do this yet” was our goal. We will continue to promote a Growth Mindset at Hopewell this year.

On Thursday, September 13<sup>th</sup> we had the opportunity to welcome parents and guardians for Meet the School Team/Curriculum Night. We have had requests for more information about the Exit Outcomes we spoke about and this can be found by following this link:

[OCDSB Exit Outcomes](#) . You will also find a visual that is posted throughout our school at the end of this newsletter. We hope that this evening provided you with valuable information about the routines and experiences your children will have in the coming school year.

This Friday, we have our first PA Day. On this day we will be working as a school team focused on Math. Much of our work on Friday will be anchored in looking at the Math Curriculum areas that focus on students’ knowledge of fundamental mathematics concepts and skills. Considering ways we can teach the fundamentals or math across the curriculum will also be an area we will be exploring. Should you be interested, [A Parent's Guide to the Fundamentals of Math](#) can be found on the Ministry of Education Website.

There are many items in our first newsletter that address safety. Please review these items with your children as appropriate. Your help in keeping our Hopewell community safe is most appreciated.

We are looking forward to an excellent school year filled with meaningful and engaging learning opportunities for your children. On behalf of the Hopewell school team, we extend our best wishes to our families for a wonderful year and we thank you for entrusting your children with us. We look forward to working with you as partners in your children’s education.

## **MEET YOUR HOPEWELL SCHOOL TEAM**

### **Administration**

Principal: Martina Sherwood

Vice Principal: Trish Stogran

### **Support Staff**

Office Administrator: Louise Andoff

Office Assistants: Giuliana Falcucci & Yanka

Petrova

Chief Custodian: Chris Farquhar

Library Technician: Christine Power

### **Learning Support Team**

Learning Support Teachers: Adam Eastman &

Jennifer Thiessen

Learning Resource Teachers: Martha Coates-

Eveleigh & Phelan Francis

Intermediate Student Success Teachers: Phelan

Francis & Andrew Wood

Educational Assistants: Gladys El-Khoury,

Amanda Kalbfleisch, Amalia Lasso-Bland, Darryl

McNiece

### **Kindergarten Teams (Kindergarten is a Two Year Bilingual Program)**

**Alligator Team:** Madison McPherson (RECE), Kristin Cottreau (English Teacher), Christine Harris (French Teacher)

**Beluga Team:** Holly Ray (RECE), Valda Goudie (English Teacher), Meaghan Wright (French Teacher)

**Cat Team:** Sarah Davis (RECE), Roxanne Partridge (French Teacher), Claudette Dandy (English Teacher)

**Dolphin Team:** Sharon Garvey (RECE), Claudette Dandy (English Teacher), Roxanne Partridge (French Teacher)

**Elephant Team:** Jill Anderson (RECE), Christine Harris (French Teacher), Kristin Cottreau (English Teacher)

**Flamingo Team:** Jamie Vance (RECE), Meaghan Wright (French Teacher), Valda Goudie (English Teacher)

RECE – Registered Early Childhood Educator

### **Homerooms**

Grade 1 EFI: Lesley-Ann Barber

Grade 1 EFI: Nathalie Gosselin

Grade 1 EFI: Annick Boustany

Grade 1 EFI: Marie-France Thivierge

Grade 1/2 EFI: Lynne De Grandpre

Grade 1/2 English: Natalie Johnston

Grade 2 EFI: Chaza Kayali

Grade 2 EFI: Lesley Kathnelson

Grade 2 EFI: Jean-Thierry Nkulikiyumukiza

Grade 2/3 EFI: Renée Labrosse

Grade 3 EFI: Mark DaCosta

Grade 3 EFI: Debbie Michelin

Grade 3 EFI: Nicola Williams

Grade 3 English: Caitin Charlton

Grade 4 EFI: Shari Cooper

Grade 4 EFI: Anna Krieg

Grade 4/5 EFI: Damien Brennan

Grade 4/5 English: Elizabeth Vorobej

Grade 4/5 MFI: Esther Nicolas

Grade 5 EFI: Tara Lynch

Grade 5/6 EFI: Celyne Brunet

Grade 5/6 English: Roger Needham

Grade 5/6 MFI: Mireille Gour Ferris

Grade 6 EFI: Grace Kennedy

Grade 7 EMFI: Caitlin McIlveen

Grade 7 EMFI: Marie-Hélène Perron

Grade 7 English: Jim Borrens

Grade 7/8 English: Thomas Ranger

Grade 8 EMFI: Michel Gosselin

Grade 8 EMFI: Beverley L'Anglais

Grade 8 English: Kathy Manser

Behaviour Intervention Program: Adam Clements

EFI – Early French Immersion Program (program entry point Grade 1)

EMFI – Early/Middle French Immersion Program (EFI and MFI merge at Grade 7)

MFI – Middle French Immersion (program entry point Grade 4)

### **English and Math to French Immersion**

Eleni Livadiotis

Jenna Neerhof

Hilary Patton

Dana Howell

Alyson Scrim

Jennifer Thiessen

Andrew Wood

Marya Woyiwada

### **Music**

Marya Woyiwada

### **Science & Technology**

Brenda Quinn

### **Physical Education**

Melissa Lemyre

Renée Labrosse

## OUR NEWSLETTER

We plan to share a newsletter four times this year. In addition to our Fall Newsletter you can anticipate receiving a newsletter in December, March and June.

## SCHOOL YEAR CALENDAR 2018-2019

First Day of School	September 4, 2018
PA Day	October 5, 2018
Thanksgiving	October 8, 2018
PA Day	November 23, 2018
Holiday Break	December 24, 2018 to January 4, 2019
PA Day	January 25, 2019
PA Day	February 15, 2019
Family Day	February 18, 2019
March Break	March 11-15, 2019
PA Day	April 12, 2019
Holiday	April 19, 2019
Holiday	April 22, 2019
Victoria Day	May 20, 2019
PA Day	June 7, 2019
Last Day for Students	June 27, 2019

## EQAO

Last week, grades 3 and 6 EQAO scores were released. Hopewell, OCDSB and Provincial results (percentage of students at or above standard) are detailed below:

### Grade 3

Subject	School	Board	Province
Reading	94	76	75
Writing	93	71	72
Math	84	61	61

### Grade 6

Subject	School	Board	Province
Reading	90	83	82
Writing	89	81	80
Math	62	51	49

Complete details can be found at [www.eqao.com](http://www.eqao.com). As a school team we will be taking time to unpack the details of these results and will use this information to help inform us in the development of our School Learning Plan.

## RECESS AND LUNCH TIMES

9:00 am – Morning entry

11:00am – 11:50am – Recess & Nutrition Break

1:30pm – 2:10pm – Recess & Nutrition Break

3:30pm – Dismissal

## THANK YOU FOR SIGNING IN!

To help keep our school community safe, if you are a visitor to the school we require that you sign in at the office and wear a visitor tag. Thank you to our parents and guests who consistently follow this procedure. When we see your visitor tag we know that you have signed in. If we do not see your tag we will ask you to sign in and get a visitor tag.

## YARD SUPERVISION, SCHOOL HOURS AND OFFICE INFORMATION

Our school hours are from 9:00am until 3:30pm. Supervision on the school yard in the morning begins at 8:45am. Therefore, please ensure that your child does not arrive at school earlier than 8:45am. There is no supervision following the end of the school day at 3:30pm. Office hours are from 8:30am until 4:30pm. While we do attempt to answer all telephone calls as they come in, from time to time you will have a message picked up by voice mail. We will return your call as soon as possible, but please do not leave any urgent calls on our voice mail. Last minute messages may not be transferred on time, and we request that if you want a change of routine, such as picking up your child before regular dismissal, to please send a note to the homeroom teacher.

## DROP OFF AND PICK UP ROUTINES

Our school is located in a very busy area. Your help in managing the flow of traffic, especially during peak times is deeply appreciated. Please review the parking and student drop-off/pick-up information below.

- Kindergarten - Drop students off at the gate to the kindergarten yard. The kindergarten entry doors and yard are on Sunnyside Ave. In inclement weather, students are to be brought in through the kindergarten doors. Pick up is on the yard or at the doors.
- Grades 1 to 3 – The primary yard is adjacent to the school. Students are to be dropped off on the yard, or they may enter the primary doors during inclement weather. Pick up is on the yard or as they come out the doors.
- Grades 4 to 6 – The junior yard is across Hopewell Ave from the school. We encourage parents/guardians to drop their child(ren) on Glen Avenue, where they can

enter their yard through the gate. If the weather is inclement, students enter through their regular (B) doors on Hopewell Ave. Not the front doors.

- Grade 7 and 8 – Students enter the school through the main doors.

Thank you for helping us to keep our students safe!

### **LIFE-THREATENING ALLERGIES**

We have a large number of students at Hopewell who have life-threatening allergies. For this reason, we have communicated to the families of all children at our school to only send food items to school that are nut-free. Should your child be identified over the course of the year with a life-threatening allergy, please notify us immediately. We will then provide you with the information and paperwork required to document life-threatening allergies. These forms are also available through our website: [www.hopewellaveps.ocdsb.ca](http://www.hopewellaveps.ocdsb.ca).

### **MEDICATION AT SCHOOL**

If you would like the school office staff to store and administer prescription medications, it is mandatory to get your doctor to complete and sign the form available from the school office. These forms go into a medical log which must be updated annually at the start of every school year. This applies as well for students who have severe allergies and must use an Epi-pen. Medication will be administered to the students upon receipt of the completed form, signed by the doctor. This also applies to short-term prescriptions and over the counter medications.

### **ATTENDANCE LINE**

If your child is going to be absent or arriving late, please call and leave a message on our 24-Hour Attendance Line at 613-239-2348 – Press 1. If the busses are cancelled and the school is open please call and advise us that your child will be staying at home even if your child is a bus rider. If your child is ill, please share the nature of the illness.

### **STREETPROOFING**

With the beginning of a new school year, we are reviewing safety with our students and ask that you do the same at home. As a starting point, please take a moment to read the street proofing tips below (borrowed from the Ontario Principal's Council Bulletin) and adapt them for your use at home.

What's street proofing all about? It's about helping children identify and react to situations that are uncomfortable, unwelcome or even dangerous. Street proofing skills help students become more aware of their surroundings and those in it. They also help to build confidence and independence as students spend more time away from their parents. Schools, parents and guardians can help make personal safety second nature to a student's daily activities. We can't follow our children around everywhere, but we can teach them to trust their own instincts and "keep their radar up."

*In an age-appropriate way, students should learn the following:*

- Their name, age, telephone number and address
- A secret family password to identify when someone different will pick them up
- How to reach a parent, guardian or family contact in an emergency
- How to contact police, fire and ambulance personnel
- To let a parent or other responsible adult know where they will be at all times
- Never to say they are alone if they answer the phone
- Never to invite strangers into their home
- Not to enter anyone's home without a parent/guardian's permission
- Not to accept gifts from strangers
- To say "no" to an adult, especially if that person wants them to do something they have been taught is wrong
- That no one has the right to touch any part of his or her body that a bathing suit would cover. The exceptions may be people who are trying to keep them clean (assistance in the washroom) or healthy (doctors or nurses)
- Never to play in deserted buildings or isolated areas or take shortcuts through empty parks or fields
- Never to approach or enter a stranger's car
- Never to hitchhike
- That adults should not be asking children or young people for help. A common technique to lure youngsters is to pretend to be searching for a lost puppy or kitten
- That if they become separated from parents at a store or in a mall, they should go to a cashier, security guard or counter clerk

- To report to a parent, school authority or police officer anyone who exposes private parts
- That police officers are their friends and that they can rely on them if they are in trouble
- That if someone does something bad to them, parents/guardians will not be angry with them, but will need to know what happened.

These “Tips” are also available on our School Website: [www.Hopewellps.ocdsb.ca](http://www.Hopewellps.ocdsb.ca)

### **MORE IMPORTANT INFORMATION ABOUT YOUR CHILD’S SAFETY**

Student safety is our number one priority, and we appreciate your cooperation. With this in mind, please note:

Drawstrings on jackets, sweatshirts, clothing items pose a danger to your child, as well as scarves. They can become snagged on school bus handrails or doors, on playground equipment or other mechanical equipment and cause injury or death. We recommend removing drawstrings from clothing and using neck warmers in the winter instead of scarves.

### **VOLUNTEERS IN THE SCHOOL**

We welcome volunteers! Whether it’s through your child’s homeroom, or through a school council committee, volunteers are always needed. Your support is invaluable, and we hope that you will find it enriching as well to join us in our efforts to provide the best programs possible for your children. If you are interested in volunteering, you are encouraged to contact your child’s homeroom teacher(s).

### **SCHOOL BUS CANCELLATIONS**

If the school buses are cancelled due to inclement weather conditions, the Transportation Department of the Ottawa-Carleton District School Board will have the cancellation announced by 6:15 a.m. on the following radio stations: CBC, CFRA, CHIN, CHRI-FM, JEWEL 98.5, BOB-FM, TEAM 1200, MAJIC 100, KISS-FM, CHEZ 106, 1310 News Radio, Y101, and Jack 96.9 The announcement is usually made early in the morning and/or late in the evening, it will also indicate if the schools are closed. Please note that if buses are cancelled in the morning, transportation at the end



of the day will not operate. If the buses run in the morning, they will be running at the end of the day. If the schools remain open, students who are dropped off by the parents in the morning will have to be picked up by parents at dismissal time. Attendance is monitored on these days. **Please call the school at 613-239-2348, Press 1, if your child will not be attending school on bus cancellation days.**

### **INTERNATIONAL AND INDIGENOUS LANGUAGES PROGRAM**

OCDSB offers the International & Indigenous Languages Program at Hopewell on Saturday mornings during the school year, from September to June.

The IILP is mandated under the Ministry of Education and allows students to expand their linguistic awareness with a maximum of two and a half hours of instruction per week per language. Hopewell PS is one of the 18 school sites in Ottawa that provides language instruction to more than 250 students (from JK to Grade 8) in 7 languages, including: Finnish, Japanese, Simplified Mandarin, Serbian, Spanish, Swedish, and Tamazight. Registrations are ongoing throughout the year and fees are \$10/per student for Ontario residents.

### **HOPEWELL HAPPENINGS...EXTRA-CURRICULAR, EVENTS & NEWS**

#### **Intermediate Science Club**

The Intermediate Science Club meets on Mondays in room 320 with Mme Quinn from 11:00 AM - 11:50 AM. The purpose of this club is to help students prepare for the Ottawa Regional Science Fair ([www.orsf.ca](http://www.orsf.ca)), which takes place in the spring at Carleton University. Students in grades 7 & 8 are welcome to be part of the Science Club!

### **Athletics @ Hopewell**

In response to the many athletics questions we get about the opportunities available to our



Hopewell students, our team has once again put together an overview of the Athletics world at our school. The first chart details Junior Division Sports and the second details Intermediate Division Sports. Throughout the year additional opportunities may arise for our students and we will

communicate these along the way. Please do check the calendar on our school website regularly for practice times and sporting event dates.

### Junior Division Athletics (Grades 4 To 6)

Activity	Time Period	Details
Cross-country	Fall - early - Term 1	Anyone in grades 3-6. All can participate in practices and attend the final competition. Practices run 2x per week for about 6 weeks.
Soccer	Fall -early - Term 1	Boys and a girls team. Made up of 13-14 players
Bordenball	Fall - Winter - Term 1	Boys and a girls team. Made up of: 6 grade 4s, 6 grade 5s and 6 grade 6s who only play against their own grade level.
Triple Ball (volleyball)	Winter - Term 1	Intramurals (girls) + up to 2 girls' teams and 2 boys' teams.
Basketball	Late Winter-early Spring - Term 2	Grade 4-6 Intramurals + boys and girls team
Track and Field	Spring - Term 2	All students participate through Track and Field Day. Top 2 in each category are selected to participate in regional event. (Students may only participate in 2 events)
Hudson's Sargeant Relay	Spring - Term 2	Large relay teams of grade 6 students. Students may only participate in 2 events, so there is ample opportunity for many students to participate.

### Intermediate Division Athletics (Grades 7 & 8)

Activity	Time Period	Details
Cross-country	Fall - Term 1	Anyone in grades 7-8. All can participate in practices and attend the

		final competition.
Touch Football	Fall -Term 1	Students in gr. 7 and 8. We often take two teams (tier 1 and 2) in order to expose more students to the sport. (minimum of 14 players on each team).
Volleyball	Late Fall - Early Winter - Term 1	Tier 1 boys Tier 1 and tier 2 girls
Basketball	Winter - Term 2	Tier 1 and tier 2 teams chosen. (Boys normally only have tier 1. A higher number of boys interested resulted in a second team this year)
Badminton	Winter-Spring - Term 2	Boys and Girls Tier 1 and Tier 2 teams. First begins through open intramurals.
Track and Field	Spring - Term 2	All students participate through Track and Field Day. Top 2 in each category are selected to participate in regional event. (Students may only participate in 2 events)
Soccer	Spring - Term 2	Tier 1 boys Tier 1 girls
Hudson's Sargeant Relay	Spring - Term 2	Large relay teams of grade 6, 7 and 8 students. (Relays includes 8x100m, 8x50m, 4 x 400m, etc.) Students may only participate in 2 events, so there is ample opportunity for many students to participate.
<b>Others:</b> Intramurals		
Gym Drop-Ins		Open the gym after school for students. Informal.
Ultimate Frisbee	TBA	TBA

## LIBRARY NEWS



The Hopewell library would love donations of gently used, age appropriate books. Our students love reading so help restock our library with books, books and more books!

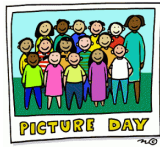
## FIELD TRIP PERMISSION FORMS

Prior to any school outing, students are provided with permission forms. It is the responsibility of the student to bring the form home, have it signed, and returned to the teacher by the deadline. In the event that a student has not returned the form, students will not be permitted to join the trip. These students will remain at school where an alternate program will be provided. Unfortunately, our busy office is not able to facilitate last minute phone calls and arrangements. Safety is our priority and is compromised when last minute changes occur.



## STUDENT PHOTOGRAPHS

Individual photos were taken last week. Photo retakes and class photos will take place on Friday, October 19<sup>th</sup>.



## HOPEWELL SCHOOL COUNCIL 2018-2019

We are pleased to present to you the Hopewell School Council Executive members for the 2018-2019 school year.

**Co-Chairs:** Daphne Dumbrille & Deborah Gomes-Schultz

**Treasurers:** Colin Caird and Allison Kelley

**Secretary:** Claire Kerry

## STUDENT ACCIDENT INSURANCE

Creating a caring and safe environment for our students is our top priority. Unfortunately, despite all reasonable precautions being taken, accidents can still happen. Some injuries may result in medical, dental or other expenses that are not covered by provincial health care or employer group plans. As a parent/guardian, you become responsible for these expenses.

Student accident insurance is available for purchase, on a voluntary basis, through Reliable Life Insurance Company. Forms can either be picked up from the school office or downloaded at

<http://www.binks.ca> or you may apply online at <http://www.insuremykids.com>.

The OCDSB encourages all parents/guardians to consider purchasing this insurance. If your child is involved in school related sports activities or is participating in any field trips out of the province you may wish to seriously consider the coverage options, which range from \$13.00/year to \$33.00/year. This coverage is for the entire calendar year and also applies outside of school hours. If you have questions, please call Binks Insurance Brokers directly at 613-226-1350.

## COOLER WEATHER

While we have yet to see it, the temperatures will soon be dropping and the days are often a little wetter. It's time to bring out our warm and snuggly clothes. Students are outside during the day and when dressed for the weather are much happier.

## WALKING TO SCHOOL

Remember when we all walked to school? Right now in Ottawa, only 20% of children use active means to travel to school. Decades ago that number was greater than 50%. Children who walk to school report feeling happier, get better grades, feel more relaxed, and less rushed on the trip to school. Active travel can also help improve their health in many ways. Consider ways to get your child to walk more.

Curb the trend and try this:



- **Walk and wheel to school.** Walk if the distance is less than 2 kilometres. Wheel

if the distance is less than 7 kilometres.

- **Be a healthy role model as children watch & learn.** Research shows that active parents have active children.
- **Active kids are ready to learn.** When more time is spent being active, school marks actually go up!
- **Wear the gear. Be safe, be seen.** Walking and wheeling can be enjoyed safely when you follow the rules of the road and wear the right gear.

For more information contact Ottawa Public Health at 613-580-6744 or visit [www.ottawa.ca/health](http://www.ottawa.ca/health).

**UPCOMING DATES AND EVENTS AT-A-  
GLANCE ☺**

Friday, October 5<sup>th</sup> – Professional Activity Day  
(students do not attend school)

Monday, October 8<sup>th</sup> – Thanksgiving (school is  
closed)

Tuesday, October 9<sup>th</sup> – School Council Meeting in  
Hopewell Library

Friday, October 19<sup>th</sup> – School Photo Day

Thursday, November 8<sup>th</sup> – Progress Reports go  
home

Monday, November 12<sup>th</sup> – Remembrance Day  
Ceremony (Times to be confirmed)

Friday, November 23<sup>rd</sup> – Parent Consultation /  
Interview Day (students do not attend school)

December 24<sup>th</sup> – January 4<sup>th</sup> – Winter Holiday  
Break





OTTAWA-CARLETON  
DISTRICT SCHOOL BOARD

# EXIT OUTCOMES: Characteristics and Skills We Want for Our Learners



## CHARACTERISTICS



### GOAL-ORIENTED

Students who are goal-oriented have self-motivation, diligence, initiative and a sense of responsibility.

### RESILIENT

Students who are resilient face and overcome adversity and challenging situations. They take risks, learn from mistakes, persevere, and move forward confidently.



### GLOBALLY AWARE

Students who are globally aware are empathetic and responsive in their contributions to the local and global community. They demonstrate cultural proficiency and act in a respectful, inclusive manner.

### COLLABORATIVE

Students who are collaborative understand the importance of working cooperatively in a team setting. Collaboration values diverse perspectives and effectively utilizes each person's contributions.



### INNOVATIVE/CREATIVE

Students who are innovative and creative have original thoughts and ideas that are of value and are acted upon. They understand that creativity is essential not only for solving problems, but also for improving where strengths already exist.

## SKILLS



### CRITICAL THINKERS

Students who are critical thinkers engage in reflective and independent thinking. They identify the relevance, validity and importance of ideas using rational and intuitive processes. They understand the logical connections between ideas. They construct and evaluate arguments using criteria. They generate solutions and create new ways of thinking.

### ACADEMICALLY DIVERSE

Students who are academically diverse have strong literacy and numeracy skills; they will also have acquired a full spectrum of skills through exposure to a wide range of subjects including the arts, sciences, financial literacy, physical education, the trades and technology, in keeping with student needs.



### DIGITALLY FLUENT

Students who are digitally fluent know how to engage with technology to enhance their learning; this includes interacting with, creating and sharing information (individually or collaboratively) in a responsible and ethical way to support their learning.

### EFFECTIVE COMMUNICATORS

Students who are effective communicators are skilled at listening, speaking, questioning, and writing; they connect with people and know their audience.



### ETHICAL DECISION-MAKERS

Students who are ethical decision makers model principles that govern their decisions through their actions. They embody honesty, respect and responsibility.